










BVO Preschool- Week One

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	Trail Mix and Cheese	Yogurt with Fruit	Toast with Wow Butter and Jam Fruit	Fruit Cocktail Crackers	Cold Cereal Fruit
 Water is served with all meals 					
LUNCH TIME	Veggies & Dip Creamy Chicken Chickpea Pasta Bake	Green Salad Tropical Rainbow Wrap	Cesar Salad Taco Pasta Bake Bun	Veggies and Dip Panko Crusted Fish Steamed Vegetable Rice	Garden Salad Cooked Vegetables Quiche
 Milk is served at every lunch time along with Fruit for dessert! 					
AFTERNOON SNACK	Veggies & Dip Crackers	Chocolate Hummus & Fruit	Shreddie Nachos	Berry Banana Nice Cream	Bean Brownie Fruit
<p>Please be aware that menu items are always subject to availability and are subject to change at short notice!</p> <p>If your child has allergies or dislikes please make sure you let their teacher know</p>					





BVO Preschool- Week Two

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	Bananas, Toast with Wow Butter/ Jam	Yogurt & Fruit	Muffins & Fresh Fruit	Fruit Salad & Crackers	Cold Cereal Fruit
 Water is served with all meals  					
LUNCH TIME	Veggies & Dip Vegetarian Chili Toasted Bun	Tossed Salad Tuna & Potato Patties Steamed Vegetable	Cesar Salad Spaghetti with Meat Sauce Garlic Bread	Green Salad Egg Roll Bowl with Rice	Veggies & Dip Pancakes & Homemade Sausage Patties
 Milk is served at every lunch time along with Fruit for dessert! 					
AFTERNOON SNACK	Fruit Crackers	Wow Butter Cheerio Balls	Apples Cookies	Veggies Crackers Cheese	Lentil Bars

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BVO Preschool- Week Three

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	Fruit Cheese	Toasted English Muffin with Cheese & Cucumbers	Muffins Fruit	Cold Oatmeal Fruit	Rice Cake with Wow Butter & Jam
 Water is served with all meals 					
LUNCH TIME	Green Salad Spanish Tuna Bake Steamed Vegetable	Veggies & Dip Cheeseburger Sliders Brown Sugar Carrots	Cesar Salad Pork & Mushroom Stew Rice	Veggies & Dip Red Kidney Bean Sauce Vegetarian Pizza on English Muffins	Creamy Cucumber Salad Tomato Soup Grilled Cheese Snadwiches
 Milk is served at every lunch time along with Fruit for dessert! 					
AFTERNOON SNACK	Veggies & Dip Crackers	Apple Cookies	Fruit Yogurt Bark	Shreddie Nachos Fruit	Cookies Fruit
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BVO Preschool- Week Four

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	Fruit Salad Toast	Applesauce Cracker	Fruit Yogurt Smoothie Crackers	Banana Bread Fruit	Toasted Bagel with Wow Butter & Jam Fruit
 Water is served with all meals 					
LUNCH TIME	Salad Chickpea Mac & Cheese	Ceasar Salad Taco Pasta Salad Bake Bun	Green Salad Chicken Vegetable Noodle Stir Fry	Veggies & Dip Lemon Butter Fish Rice Steamed Vegetable	Ceasar Salad Pork in Broccoli Sauce over Egg Noodles
 Milk is served at every lunch time along with Fruit for dessert! 					
AFTERNOON SNACK	Trail Mix & Fruit	Spinach Dip Veggies Crackers	Lentil Bars	Wow Butter Roll Ups Fruit	Apple Crisp

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BVO Preschool- Week Five

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	Applesauce Crackers	Toasted Crumpets & Jam Fruit	Veggies Cheese	Carrot Bread Fruit	Rice Cakes & Jam Fruit
 Water is served with all meals 					
LUNCH TIME	Veggies & Dip Pork Picadillo with Rice Pita Crisos	Green Salad Tuna Mac & Cheese Steamed Vegetable	Tossed Salad Chicken Ceassar Salad Pizza	Veggies & Dip Shepherds Pie	Ceasar Salad Creamy Chicken& Rice Soup Toasted Bun
 					
AFTERNOON SNACK	Apple Cookies	Berry Banana Nice Cream	Cracker Sandwich with Cream Cheese & Jam	Cookies Fruit	Yogurt Bark Fruit

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